

Life without the children centres and outreach workers would be a life with social services. Mary Foxwell has helped us change our life and is always there for support and encouragement.

My relationship with my partner was at rock bottom and our relationship with the children was getting distant. We struggled with agreeing on discipline. We attended a parenting course run by the children centre and now have full control of our children and our relationship is back on track. This wouldn't have happened if there wasn't the children centre or outreach workers.

The centres provide trips to Puxton Park and the seaside that just wouldn't have been possible for us to go on if we had to pay and the children still talk about these trips now.

All our children have benefited greatly for the children's centre and Mary's support. I bought my youngest to Family Focus group and my son attended Playbuds. This has given me confidence to bring my children to groups now. We have also had support with Team Around the Child meetings for my son at school that have been really helpful.

I have now applied to become a volunteer because I think that the work Mary and her team do is extremely important to struggling families that would be in a hole with social services and no support.

